



EDITOR'S NOTE

My Fellow Lions,

My apologies for being late in getting this newsletter to you.

Sometimes, we spread ourselves too thin and when that happens, we find ourselves lagging behind on some of our duties. My work load in the office was too much and the club's activities and projects seem to be pouring as usual. Thanks to our super active officers and members! I was also busy planning my mother's 80th birthday and everything seem to be piling up so fast and I found myself running like 100 miles per hour non stop. I keep on saying to myself, next year, I will try to relax and not take on too much. But, when people see that you are a doer, they ask and the best word for you to learn to say is "No". Easier said than done. Next lionistic year, I will still be fulfilling all these duties plus more. Why is it so hard to say "No"? Truth be said, Lionism is addictive. You feel good when you know that you are helping others. You get the satisfaction when you see the smiles and the hopes and the gratitude that the less fortunate give you. Reggie, the homeless guy who was teary eyed when he said to me that no one had ever dedicated a song to him ever in his life, Dorothy who asked a fellow lion to visit her more often at the nursing home, Robin, a camper who said that the camp makes her so happy, Sarah, our buddy walker on wheelchair at camp, who is now going to college and studying psychology and wants to help the camp someday. These are just few of the people that we met during our clubs projects and activities. They give us the energy to keep on doing what we are doing and that is, To Serve.

Dorothy Soller Letakis

SFAALC Secretary and Bulletin Editor

ANNOUNCEMENTS

You are Invited!

Leadership Seminar - Feb. 21
Sponsored by the Miami
Lakes Club

Followed by Barbecue—
Miami Lakes Park

Florida Lions Eye Bank
Appreciation Night
March 25, 2009

Paella Night at Bascom
Palmer

March 21, 2009
Davie Leo and SFAALC

Relay for Life to benefit the
American Cancer Society

March 29, 2008

Walk-a-Thon at Florida Lions
Camp - Help save the camp
by getting sponsors for the
walk

April 11, 2009 Join Us for an
other Beach Clean Up at John
Lloyd Wright Beach.

For more information,
please call:

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District 35-A

SOUTH FLORIDA ASIAN-AMERICAN LIONS CLUB NEWSLETTER

January - March 2009

Volume 3 , Issue 1

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SFAALC Adopts A Shed at The Camp

If you do not have a lot of resources to buy a building or a small property, what is the next best thing to do?...Adopt a shed!

SFAALC adopted the barbecue shed next to the dining hall at the Florida Lions Camp. During the Walk-a-thon held on February 28, 2009, the South Florida Asian American Lions donned their work clothes and gloves and started cleaning and painting the adopted barbecue shed and the benches.



"Clean Up" Team

Two of the candidates for new membership with SFAALC, Betty and Lilian Cordova were there to join the team. They wanted to come and see for themselves what makes their sister and cousin, new Lion Ana Maria Giachos, become so excited about Lionism. They constantly hear from her the projects that our club does and how lucky and privileged she was to be a part of such good service organization. So, Lilian and Betty went and was instantly smitten by the spirit of Lionism. Fifteen days after the project at the camp, Lilian and Betty were inducted by District 35A Governor, Colleen Pinkerton as SFAALC Lions.



Lion George showing the team on how to paint

"This is so much fun and we should do this all the time!"

WE ARE ON THE WEB
www.miamiasianamericanlions.org



SOUTH FLORIDA ASIAN AMERICAN
LIONS CLUB NEWSLETTER

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Ana Maria showing "Lion King Stacy" what she had done



Final result, WOW!



SFAALC Volunteers at The Special Olympics

This is another First for the South Florida Lions Club - volunteering at the Special Olympics.

The Miami Dade sector of the Special Olympics held their competition at the North Dade Campus of University of Miami.

1500 volunteers were needed for that day to become huggers and cheerers for the athletes.

SFAALC were assigned to two athletes to make sure that they will be on time for their event competitions. Lions George, Dorothy, Ana Maria, Mariela, and



Alex were there to assist the athletes. The event lasted until the afternoon and even though it was a tiring and very hot day, this is one event worth volunteering for. You got to be there to witness it and feel the excitement.

LIONS DEN

Lions Clubs have an illustrious history dating back to 1917.

Through more than eight decades, their commitment to serving those in need has never wavered, although the ways in which Lions clubs serve their communities have evolved to keep pace with an ever-changing world.

Today, Lions are 1.4 million strong with active clubs located in over 190 countries and geographic areas world wide.



LEO'S CORNER



RELAY FOR LIFE 2009

Davie Leos rally at the Relay For Life

The Davie Leos who were sponsored by the South Florida Asian American Lions Club rallied at the Annual Relay For Life benefitting the American Cancer Society.

This is the second year that the Leos and Lions supported the Relay For Life. They sold the usual peanuts, barbecue, drinks to raise funds for the American Cancer Society. They have raised \$1,270.00 which they donated to American Cancer Society.

This year's theme are about Disney Characters. The Leos had the Winnie The Pooh booth which was later rained on and they had to move inside the gymnasium. Two cancer survivors from Hollywood Lions Club joined the group.



Florida Lions Camp

Located at 2819 Tiger Lake Road, Lake Wales, the Florida Lions Camp is a private, non-profit camp established and dedicated to serving the needs of youth and adults with visual impairments and other challenging disabilities. The Florida Lions Camp began operation in 1974. The camp is considered to be one of the leading facilities of this type in the United States.

Mission Statement: The Florida Lions propose to help insure a better future for ALL Youth, including those who are blind, visually impaired, and those with physical or developmental disabilities, through programs and facilities designed to promote cooperation, leadership, self esteem and where they are nurtured, encouraged and challenged to be independent.

Summer Camp 2009 begins on June 7th until August 14th. Campers are encouraged to join the "I Believe Policy" Program, where they are encouraged to help raise funds for the camp that goes towards their "campership" which earns them a reduced rate or free camping depending on how much they have raised. "Campership" is available to those who need financial assistance.

Cost of camping for one week is \$1,000.00 and Lions of Florida subsidize the difference between camp fees and actual cost. Campers pay from \$350.00/week for those who participated in the "I Believe Policy" and \$500.00/week on full rate. Addi-

tional \$100.00 is added if a camper needs a one on one counselor.

The camp offers a lot of programs and activities to campers of all ages from 4 to 30. which include arts and crafts, music and drama, team building, fun and games with themes like "Jurassic Week", "Ancient Egypt", "Wild West", "Greek Myths and Legends", and "Disco" and more.

Highlight of the Week is on Thursday Night where campers are treated to a sit down dinner while being served by the staff and on Friday morning where they present the "Talent Show" featuring campers showing their talents from telling jokes to singing, dancing and playing instruments. This is also the day when families watch their kids perform and show what they have learned from the camp. Most parents leave with tears in their eyes when they see change and a bit of independence and happiness in their children's behavior.

Fellow Lions, we have to keep on supporting the Florida Lions Camp. You have got to go and see for yourself what the camp does to these campers' lives.

Please visit their website to get more information about the camp at: www.lionscampfl.org or call (863) 696-1948 or you can e-mail Rob Cage (Camp Director) at: robcage@hotmail.com

Featured Lions Entity



Campers in the pool



Campers and families



SFAALC—Walk-a-thon at FLC



SFAALC Lions & Davie Leos



MINUTES OF MEETINGS (Summary)

January 11, 2009 Held at Kamado Japanese Restaurant at 2402 N. University Dr., Pembroke Pines, FL. Sinulog Festival will be at St. Bernard. Lion Annie will bring and cook the banana cue and peanuts. The members voted and approved to buy a tent for the festival. Lions Camp work week is postponed for Feb. 28th due to the cabinet meeting on Jan. 24th. The general membership voted to cancel the car raffle and return all money collected. Motion was voted on and passed unanimously. Lion Annie will go to the bank to add her name as signatory as she was elected to replace the treasurer. Formation of the new cyber club is being undertaken by Lion Adelfa. South Florida Asian American Lions Club will sponsor the new club. Motion brought on the floor by Lion Mariela, Lion Armando seconded and all approved. Certified guiding Lion will be PDCC Lion Stacy Jones. Meeting adjourned at 3:00PM by President Lion George.

February 15, 2009- Kamado Japanese Restaurant at 2402 N. University Dr., Pembroke Pines, FL Pres. George announced that we are in the process of refunding the money for the raffle tickets. Most of the people are donating the money to the club. SFAALC is being represented at the Lions Eye Bank every month and the

Hearing Bank. Lion Alec invited SFAALC to attend the Leadership seminar at Miami Lakes Club. Feb. 28, 2009—Walk-a-thon at the Florida Lions Camp. Adopt a Shed work project will follow after the walk-a-thon. Davie Leos will sponsor the breakfast at the camp and all sales will be donated to the camp. Delegates to the Mini Convention are Lions George, Adelfa and Mariela. Alternates are Lions Dem and Dorothy. Delegates for Multiple District are Lions George, Adelfa and Dem. Alternates are Lions Alex, Mariela and Annie. Bill for Sinulog Tent is \$208.81. Nominating committee read the nominations. Meeting adjourned at 3:00PM.

March 15, 2009- Kamado Japanese Restaurant at 2402 N. University Dr., Pembroke Pines, FL Twenty three members and guest s were in attendance including DG Colleen Pinkerton. Lion George had announced that Doris Marcus and Andrew Carnegie resigned with fees not paid for the current billing period. Lion Marlyn was dropped for non attendance and non payment of dues and was replaced by Lion Dem as Membership Chair. Two new members, Lilian and Elizabeth Cordova were inducted. Reading of incoming officers were read. Meeting adjourned at 3:15PM.

SFAALC OFFICERS & B.O.D.

S.F.A.A. LIONS CLUB OFFICERS & B.O.D.

| | |
|-----------------------|--------------------------------|
| PRESIDENT | LION GEORGE LETAKIS |
| 1ST VICE PRES. | LION MARIELA MARTINEZ |
| 2ND VICE PRES. | LION ANDREW CARNEGIE |
| SECRETARY | LION DOROTHY S. LETAKIS |
| TREASURER | LION ANNIE NANOWSKY |
| TAIL TWISTER | LION ADELFA MUSKOVAC |
| LION TAMER | LION DEM PANGANTHON |
| P.R.O. | LION FREDA ARZADON |
| PAST PRESIDENT | LION ADELFA MUSKOVAC |

DIRECTORS: (TWO YEARS)

LION CLIFF SIEGEL
LION ANNIE NANOWSKY
LION ELLEN SIEGEL
LION MARIA MAGPANTAY
LION ALEXANDRE GUBERT
LION VANGEE NIERE
LION ROSE RAQUIPO

DIRECTORS: (ONE YEAR)

LION ARMANDO UY
LION ARTHUR KE
LION JORLA SOLLER
LION DORIS MARCUS
LION PAZ ALBURO

MEMBERSHIP & DEVELOPMENT COMMITTEE LION MARLYN SEPANIK -CHAIR

MEMBERS:

LION ELSIE ROMANO
LION LILIBETH GERMAIN
LION SABINE RIGAUD
LION DONDON NAVARES
LION NENETTE VILCHES
LION STELIAN CODARCEA
LION ANA MARIA GIACHOS

**MEETINGS ARE HELD EVERY THIRD SUNDAY
 AT KAMADO RESTAURANT, 2402 N. UNIVERSITY DRIVE, PEMBROKE PINES, FL**

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CABINET SECRETARY

Lion Betty Newcomb
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SFAALC and DAVIE LEO CLUB

Featured Lions and Leos

Once again, for this issue of the South Florida Asian American Lions Club news bulletin, I would like to feature our members who had done exemplary service and work to the community. Here they are in pictures for this lionistic year 2008-2009. **Lights, Camera, Action!**



Adopt a Meal at RMDH



Lions at Sinulog Festival



Special Olympics



Stamp Out Hunger



Special Olympics



10th Anniversary Show



10th Anniversary Guests



Lions Camp Walk-a-thon



Davie Leos at Walk-a-thon



Cooperative Feeding Program



Adopt A Shed at the Camp



Cleaning the Lions Camp



Holiday at WB Nursing Home



Relay for Life



Cataract Surgery Med. Mission



Fl. Lions Eye Bank Tour



Adopt A Meal at RMDH



Beach Clean Up at John LLOYD



Haunted Trail "Beauties"



Thanks Melvin Jones!



Thoughts to Ponder

Audrey Hepburn Beauty Tips

For attractive lips, speak words of kindness.

For lovely eyes, seek out the good in people.

For a slim figure, share your food with the hungry.

For beautiful hair, let a child run his/her fingers through it once a day.

For poise, walk with the knowledge that you never walk alone.

People, even more than things, have to be restored, renewed, revived, reclaimed, and redeemed; never throw out anyone.

Humor in the Den

In an exclusive private school near California's Silicon Valley, a third grade teacher was lecturing her upper middle class students about the less fortunate. She asked them to write an essay on a poor family in the area.

One little girls' paper begun: "Once upon a time, there was a poor family. The father was poor. The mother was poor. The children were poor. The nannies were poor. The personal trainer was poor."

Heard on public transportation in Orlando, Florida: "When you exit this vehicle, please be sure to lower your head and watch your step. If you fail to do so, please lower your voice and watch your language."

My neighbor believes in reincarnation, so in his Will, he left everything to himself.

Calendar of Events

- January 11, 2009**
Club meeting at Kamado Restaurant
- January 18, 2009**
Sinulog Festival at St. Bernard Church
- February 15, 2009**
General membership Meeting
- February 21, 2009**
Leadership Seminar—Miami Lakes Club
- February 25, 2009**
Eye bank Seminar
- February 22, 2009**
Special Olympicsto be held at UM North Dade Campus
- February 28, 2009**
Walk-a-thon and Adopt A Shed at Florida Lions Camp
- March 5-8, 2009**
Spring Conference—Orlando, Florida
- March 15, 2009**
General membership Meeting
- March 21, 2009**
Relay for Life at Plantation High School
- April 3, 2009**
Florida Lions Camp 35th Anniversary
- April 5, 2009**
SFAALC Club Meeting at Kamado — Election day
- April 11, 2009**
Beach Clean Up at John Lloyd Park
- April 12, 2009**
Adopt a meal at Ronald McDonald House
- April 16-18, 2009**
Sub District Convention
- April 30 to May 3, 2009**
Multiple District Convention—Tampa

Happy Birthday Lions!

- January 16 - Lion Dorothy Soller Letakis
- January 17 - Lion George Letakis
- January 21 - Lion Mariela Martinez
- January 26 - Lion Alex Gubert
- January 30 - Lion Freda Arzadon
- February 14 - Lion Vangie Niere

WELCOME NEW MEMBERS

Congratulations!

Lion Elizabeth Cordova

Lion Lilian Cordova



"committed to providing the gift of sight worldwide"

DISEASES OF THE EYE:

TRACHOMA— an infectious disease of the eye which causes eyelashes to turn inward, scratching the eyeball and eventually leading to blindness.

DIABETIC RETINOPATHY - caused by changes in the blood vessels of the retina that lead to changes in vision and vision loss. Individuals with diabetes are at high risk.

CATARACT - the clouding of the eye's lens, which lies behind the iris and the pupil. Overtime, the cataract may grow larger and cloud more of the lens, making it difficult to see. Cataract is responsible for nearly half of world blindness.

GLAUCOMA - occurs when the pressure in the eye increases to dangerous levels and damages the optic nerve, resulting in decreased peripheral vision and eventually blindness.

MACULAR DEGENERATION - occurs with degeneration of the macula, the part of the retina responsible for sharp, central vision needed to operate an automobile.

RIVER BLINDNESS - is a painful disease caused by a parasite spread by the bite of a black fly. The parasite causes intense itching and skin discoloration throughout the body. In chronic cases, blindness almost always occurs.

Test Your Lions IQ

Do you know the answers to these questions?

1. What year was our club founded?
2. What is your district number?
3. What is the name of your District Governor?
4. What is the Association's motto?
5. Who founded the association?
6. Who was the first president of Lions Clubs?
7. How many countries have lions clubs?
8. What does LCIF stands for?
9. How many International Vice presidents are there?
10. Who is the current International President?
11. How many International Directors are there?
12. Where is the International headquarters located?
13. What are the official colors of the Lions Clubs International?

1. July 15, 1998 chartered on Sept. 28, 1998
 2. District 35-A
 3. DC Colleen Pinkerton
 4. We Serve
 5. Melvin Jones
 6. Dr. W.P. Woods
 7. Approximately 188
 8. Lions Clubs International Foundation
 9. Two
 10. President Al Brandel
 11. Thirty Two (32)
 12. Oak Brook, Illinois, USA
 13. Purple and Gold
- ANSWERS: